

THREE TIER ADVENTURE PROGRAMS

Level One: Low Ropes and Teambuilding

\$15.00/member/half day

What is it?

A common theme among all action-learning programs is a solutions-focused team approach to problem solving, exploring effective communication techniques and building reliance and trust with each other. The experiential learning model is used as a base for curriculum support. The model calls for the following sequence; participating in an activity, debrief & reflection on participant's experience during the activity and finally, exploring how to transfer those learning's back to the participant's or team's real-life environment.

Who is it for?

Great for families, multiple families, Girl Scout/Boy Scout groups, corporate groups, for-profit groups, non-profit groups, school groups, church groups and every group and team in our community will benefit from a minimum of a half day trip through our low ropes challenge course. No skills required. There are four different low ropes challenge course areas throughout our property, so after your first visit, come out for more days or more hours to give your team that ultimate challenge. to build on their communication skills, leadership styles, decision-making ability, trust, and appropriate expression of feelings in a group situation. Reserve your time slot and date today!



Level Two: Climbing Wall and Climbing Tower

\$10.00/member/day

Fun for the whole family, ages 6 and up can challenge themselves on our 25 foot helix climbing wall. Pick a day, sign up for multiple days. Minimum 5 participants required.

Wall Climbers and Challengers

\$20.00/member/day

We travel to other YMCA's to take our skills up a notch and try the other walls in the area. Plan to spend a half day with us and bring a sack lunch for a picnic. Meet once a month and travel by YMCA mini bus to Alpharetta, Woodstock or Georgia Tech area. Please leave your name, e-mail address and phone number on the interest list roster located at the business office front desk. Once we have five people interested we will call you for a meeting to set our monthly date. Minimum 5 participants required.

Level Three: Challenge Tower

Teen/Adult High Adventure Days

\$15.00/member/half day

Teen's "go for it" on our high adventure days. Adults are welcome to sign up. Minimally you must either be entering sixth grade or be twelve years of age to take on our high adventure tower. Participants will have the opportunity to transverse over a catwalk, walk along grabbing grapevines to cross an invisible mote, take a leap towards a trapeze or swing like you have never swung before on our giant swing, if time allows zip away through the Bransby Forest on our 100 foot zipline. For safety reasons everyone will be geared up with a harness and helmet and participants will be required to be locked in on a safety device and static line before transversing from one element to the next. No latecomers please. Minimum 5 participants required.

Other climbing/teambuilding opportunities:

- Climbing Wall Birthday Parties
(see Birthday parties)
- Group rental climbing wall/challenge course
(see Group Rentals)
- Girl Scouts, Boy Scout badge workshops
(call for pricing and scheduling)
- Adventure Camp
(see camp pages)
- At our summer camp all participants have climbing as an activity

770-484-9622