

Kids & Family: Childcare & Parties!

Child Care Programs

Play Center *members ages 3 months-5 years:* Free babysitting services are available for facility members while working out in the facility. Designed to serve ages 3 months to 5 years, however, children up to 12 years of age are welcome. 2 hours/day, 8 hours/week limit for all children in the Play Center. Membership I.D. required for children upon entrance to play center.

Monday – Friday, 8:45 am – 1:30 pm • 3:45 – 8:30 pm
Saturdays, 8:45 am – 1:00 pm • Sundays, 1:00 – 4:00 pm

Parents Night Out (PNO) *members ages 2-10 years:*

Facility member parents can enjoy a night every other Friday! Pre-register your children and pay at the Play Center. Please notify us of cancellations by Thursday. We must have 8 or more kids to run the program.

Fridays, 6:00 – 9:00 pm

Jan. 29 • Feb 12 & 26 • March 12 & 26

April 9 & 23 • May 7 & 21

MEM: \$15/first child (*\$10/each additional child*)

To register for PTO or PNO, please contact the Play Center at 404-377-9622 ext. 4124.

College Heights Early Childhood Learning Center *ages*

6 weeks-4 years: This unique collaboration between our YMCA, the City Schools of Decatur and Partnership for Community Action is accredited by the NAEYC and licensed by Bright from the Start: The Department of Early Care and Learning. Please contact Vanessa Brown at 404-370-4480 for more information.

Weekdays, 7:00 am – 6:00 pm

Afterschool Program: 2:30 – 6:00 pm

Registration Fee: \$50

6 weeks – 24 months: \$196/week

25 months – 3 years: \$186/week

Afterschool: \$65 full-time or \$45 part-time

Birthday Parties

Gymnastics Birthday Party: 1-hour of gymnastics lead by our coaches and 1 hour in the party room. Participants will get a ribbon and the birthday child will receive a t-shirt. Balloons and staff provided.

Saturdays, 1:30 – 3:30 pm

MEM: \$150 PRO: \$175 up to 15 children

Birthday Pool Party: An hr. of swimming/hour of dryfun!

Saturdays, 3:30 – 5:30 pm • MEM: 100 PRO: \$140



After & Out of School Care

Prime Time After School Care 2009-2010

ages 4-12 years: On-site and at the YMCA for the City of Decatur (public & private schools). We offer homework time, games, sports, art, character development and more! Pre-registration begins Monday, July 27. Participants may pick up a flyer and pre-registration form at all sites Wednesday, Aug. 5. Register from 8:00 am to 5:00 pm. Scholarships are currently being accepted. Contact, William Misenheimer at williamm@ymcaatlanta.org.

School Sites: Avondale, Hawthorne, Henderson Mill, Laurel Ridge, Rockbridge, City Schools of Decatur (*no private/middle schools*)

MEM: \$65 a week Registration \$25

On-Site: We pick up at select elementary schools within the City of Decatur, McClendon and Medlock Elementary and transport from schools to the Y.

MEM: \$70 a week Registration \$25

Out of School Days *ages 5-12 years:*

All-day program for children who are out of school during teacher workdays and some holidays. Includes: include swimming, games, sports, art and values.

Prime-Time: \$25/day Non-PT: \$30/day

April 5-9 • February 12 & 15

Kids & Family: Teens & Community

Youth & Teen Fitness

Teen Fit *members only ages 10-15:* Learn to master the proper use of strength and cardio equipment. A classroom setting will be held several times a session in which participants will learn anatomy, exercise science and fitness terminology. Participants may also perform exercise drills and conditioning in the pool. Participants will earn FitPoints for working out. At the end of the session, awards will be given based on amount of FitPoints earned.

Mondays, Wednesdays & Fridays, 4:30 – 6:00 pm

January 4 – 29 (no class on January 18)

February 1 – 26 • March 1 – 26

April 5 - 30 • May 3 - 28

MEM only: free

Teen Clubs

Teen Leaders Clubs *for 9th-12th grade students:* These clubs are designed to introduce teens to service to others, volunteerism, social interaction and appreciation for diversity through the philosophy of the YMCA. Leaders will use their unique gifts to serve their community while at the same time developing relationships with other leaders in the club. *Contact Kim Castro, 404-371-3311.*

Teen Board: If you are looking for a way to take a leadership roll with the Decatur-DeKalb YMCA, come and be a part of the teen board. This group will help make decisions as to what teen programs take place at your YMCA. *Contact Kim Castro at 404-371-3311 for more information.*

Special Programs

Happy Club *ages 16+:* A Metro Atlanta YMCA program, developed and maintained by volunteers, that provides young adults with developmental disabilities the opportunity to further develop their social and community skills. *Contact Janice Mathews at 404-371-3309 for more information.*



The teens and staff at the Decatur-DeKalb YMCA are very excited about new creative activities and leadership opportunities for teens just around the corner. On this page, you will find a few of the activities we have planned as well as potential events and programs.

Community Enrichment

Community CPR & First Aid Classes

ages 12+: This course provides training in adult, child and infant CPR and first aid. Upon scoring 80% or better on the written exam and correctly performing all of the skills, participants will receive CPR and first aid certifications.

Date TBA: Contact Beth Costello, at 404-371-3308, for more information .

Fee: \$55

American Red Cross Blood Drive: Help save lives - one donation of blood saves as many as three lives.

January 6 & May 24, 3:00 – 8:00 pm

Service Opportunities: Look for flyers in the lobby on which projects will be available for outreach, leadership and more!