

# Tennis

Register online now!

## YOUTH & TEEN LESSONS

**Little Lobbers ages 4-5:** Learn hand/eye coordination and basic strokes in this intro class. Children learn to work in a group environment and follow instructions. Emphasis on fun!

Session 1 & 2: Mondays, 9:00 - 9:45 am

Session 1 & 2: Tuesdays, 1:30 - 2:15 pm

MEM: \$65 PRO: \$85

**Flying Aces ages 5-7:** The class is an age/skill based program filled with instruction focused upon defining hand/eye coordination, developing control plus improving strokes and strategy towards match play. Instructor will help players develop each shot with a major emphasis on games and fun!

Session 1 & 2: Tuesdays, 4:00 - 5:00 pm

Session 1 & 2: Wednesdays, 5:00 - 6:00 pm

Session 2 only: Saturdays, 8:00 - 9:00 am

MEM: \$75 PRO: \$95

**Big Shots ages 8-11:** This class develops coordination, fitness, proper grips and the fundamental movements of ground strokes, volleys and serving. Learn the rules of the game and match play.

Session 1 & 2: Tuesdays, 6:00 - 7:00 pm

Session 1 & 2: Wednesdays, 4:00 - 5:00 pm

Session 1 only: Saturdays, 8:00 - 9:00 am

MEM: \$75 PRO: \$95

**Junior Beginners ages 12-15:** This class develops coordination, fitness, proper grips and the fundamental movements of ground strokes, volleys and serving. Learn the rules of the game and match play.

Session 1: Thursdays, 6:00 - 7:00 pm

Special Session Oct. 7 - Nov. 11: Thursdays, 6:30 - 7:30 pm

MEM: \$75 PRO: \$95

## ADULT CLASSES

**Adult Beginners ages 16+:** This class develop the fundamentals of ground stokes, approach shots, volleys and serves. Learn the rules of the games and match play.

Session 1 & 2: Mondays, 6:00 - 7:00 pm

MEM: \$75 PRO: \$95

**Cardio Tennis ages 18+:** Burn calories while participating in many fast pace tennis and aerobic drills set to music.

Session 1 & 2: Mondays, 7:00 - 8:00 pm

MEM: \$75 PRO: \$95



Our Tennis Facility is located 4 miles from the Y at 4910 Piney Grove Drive, Cumming, GA 30040.

## Tennis Session Dates

**Session 1:** Sept. 12 - Oct. 22

**Session 2:** Oct. 31 - Dec. 10

## PRIVATE LESSONS

**Private Lessons:** Lessons are one-on-one instruction with a tennis pro for one hour.  
MEM & PRO: \$60/hr. or \$340/6 lessons

**Semi-Private Lessons:** Consist of two players with a tennis pro for one hour.  
MEM & PRO: \$33/person/hour

## LEAGUE PLAY

**Adult Leagues (ALTA & USTA)**  
MEM: \$25/season PRO: \$45/season

**T2 & K-Swiss Leagues**  
MEM only: \$15/season

Please register at the member services desk at 6050 Y St. starting two weeks prior to the first class. \*There is no childcare provided at the YMCA Tennis Center.