

Aquatics: Parent/Child & Preschool Lessons

Parent/Child *ages 6 months-4 years*

Classes are 30 minutes.

Parent/Tot *ages 6-36 months*: No skills required. Parent-assisted program designed to build elementary swimming and safety skills. Children progress at their own rate and have fun too! It is a great way to introduce your child to the water.

M-TH: 9:00 am, 6:00 pm • **M/W only (Session 6):** 6:00 pm
SAT: 10:00 am

Pike With Parent *ages 2-4 years*: Designed to introduce basic water and swim movements through songs and games to prepare children for preschool lessons.

M-TH: 9:00 am, 4:00 pm, 6:00 pm
M/W or T/TH (Session 6): 10:00 am, 6:00 pm
SAT: 10:00 am, 10:30 am

Preschool Lessons *ages 3-5*

Classes are 30 minutes.

Pike (Beginner I): No skills required. Must be ready for group setting without parent.

M-TH: 9:00 am, 4:00 pm, 6:00 pm
M/W or T/TH (Session 6): 10:30 am, 4:00 pm, 6:00 pm
SAT: 10:00 am, 10:30 am

Pike II (Advanced Beginner II): Enjoys blowing bubbles, submerging head completely, front and back float, jumps without assistance, and independent with floatation.

M-TH: 9:00 am, 9:30 am, 4:00 pm, 4:30 pm, 5:30 pm, 6:30 pm
M/W or T/TH (Session 6): 11:00 am, 4:00 pm, 6:30 pm
SAT: 10:30 am, 11:00 am

Eel (Intermediate): No skills required. Child can float on back and front with assistance, can put face in water and swim with a flotation device. In this class child will learn

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M/W or T/TH (Session 6): 11:00 am, 4:30 pm, 6:30 pm
SAT: 11:00 am, 11:30 am

Ray (Intermediate/Advanced): Child can swim without flotation belt, glide and float, jump in the water, and swim to the wall. In this class child will learn the front crawl, elementary backstroke & treading water.

**Note: Ray and Starfish are taught together. See right column of times.*



Session Dates

M-TH (*Mondays thru Thursdays, 4 days a week*)

Session 1: June 1 – 11 (register by May 26)*
Session 2: June 15 – 25 (register by June 8)*
Session 3: June 29 – July 9 (register by June 22)*
Session 4: July 13 – 23 (register by July 6)*
Session 5: July 27 – Aug 6 (register by June 20)*

M/W or T/TH (*Mon/Wed or Tues/Thu, 2 days per week*)

Session 6: Aug 10 – Sept 3 (register by July 20)*

SAT (*Saturdays, 1 day per week*)

Session 1: June 6 – 27 (register by May 30)*
Session 2: July 11 – Aug 1 (register by July 5)*

** A \$5 late charge will be assessed after the dates above.*

Swim Session Fees

Weekdays: MEM: \$65
PRO: \$85

Saturdays: MEM: \$45
PRO: \$55



Starfish (Advanced): Child can tread water & swim 25 feet using a modified crawl stroke. In class he/she will learn survival floating, kneeling & sitting dives, & boating safety; learn to coordinate front crawl with rotary breathing while swimming 25 yards.

M-TH: 9:30 am, 4:30 pm, 6:30 pm
M/W or T/TH (Session 6): 11:30 am, 4:30 pm, 6:30 pm
SAT: 11:00 am, 11:30 am

Private Lessons Available: See pg. 11