

# SPORTS at McCleskey Y

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Basketball

Teams will combine with teams from the Northeast Y

### Youth Basketball ages 6-15:

Coed: U8/U10 Boys: U12/U15 Girls: U12/U15

Mandatory coach's clinic: TBD (coaches will be certified)

Evaluations: Saturday, November 13.

Practice begins: week of November 15 (off November 22-26)

Games on Saturdays: December 4 - February 5

Off for Christmas Break!

Tournament weekend: February 12

\*Schedule tentative to change. May use week nights or Sundays for make ups. Friend requests will be limited. Must have all requests to Director prior to evaluations. Requests are not always guaranteed.

**Fees include:** Jersey, 1 Hawks ticket for pre-game Hawk's night, autographed Hawk's item, access to website that covers youth basketball development, online video library of age appropriate drills, digital magazine and more.

MEM: \$110 PRO: \$130



## Sporties for Shorties

Preschool sports for children ages 3-5

Are you ready for some FUN!? FUN!? FUN!? Enjoy learning the fundamentals, sportsmanship & playing informal games all in a positive atmosphere! Starting times vary week-to-week according to "game" schedule. Did we mention lots of FUN!?

**Pre-School Coed TBall ages 4-5:** Starting times vary. Games are once a week for 45 minutes.

August 14 – October 6

(excluding Labor Day Weekend) (Game times begin at 9 am)

MEM:\$70 PRO:\$100



### Micro Soccer U4 & U5 age 3-5:

Now Registering!

U5 Micro Season: Sept 19 - Nov 14

U4 Micro Season: Sept 18 - Nov 13

MEM: \$70 PRO \$100



**Pre-School Coed Basketball ages 4-5:** Starting times vary. Games are once a week for 45 minutes.

January 8 - February 19

MEM: \$70 PRO: \$100



## Flag Football

**Flag Football ages 6-10:** Want to get into football, but not quite ready for tackle? Come out and learn the fundamentals of football while having some fun!

Coach's clinic: TBD

Evaluations: Friday, October 29.

Practices: Fridays beginning November 5.

Games: Saturdays, November 13 - January 22

Tournament: TBD

Off for Christmas Break!

Skills event: Friday, January 28

MEM: \$90 PRO: \$115



## Special Needs Sports

This program runs out of Northeast Y

See page 13 for details!

# SPORTS at Northeast Y

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## Special Needs Sports

### Sports for Autistic Children ages 7-14:

**Basketball: Aug 15 - Oct 3 • Indoor Soccer: Oct 10 - Nov 14**

Ages 7-10: Sundays, 4:00 - 5:00 pm

Ages 11-14: Sundays, 5:00 - 6:00 pm

MEM: \$55 PRO: \$75



## Inline Hockey

**Youth Inline Hockey League ages 6-14:** This is an 8-week season with playoffs to follow. Player's skill level will be evaluated in order to best balance the teams. This will be done by the Y staff and coaches, teaching our core values (honesty, caring, respect and responsibility) is at the heart of this program. Be on the look out for more information about the Atlanta Thrashers partnering with the Northeast Cobb YMCA!

**U9 (ages 6-8), U12 (ages 9-11), U15 (12-14)**  
Aug 17 - Oct 30 (register by Aug 16)  
Evaluations during 1st week of practice  
MEM: \$80 PRO: \$110

**Adult Inline Hockey League ages 30+:** 10 weeks of Hockey: 8-week season; 2 weeks of play-offs. Games played in three 8-minute periods! Register individually. Captains select teams after evaluations. Goalies of any age play for free, but must register as a program member. Teams selected during mid-week practices and scrimmages. Contact Jeff Shimizu for more info at (678) 232-7233.

Sept 26 - Nov 21  
Sundays, 6:00 - 10:00 pm  
MEM: \$80 PRO: \$120



Required Equipment: HECC approved helmet with full facemask, skates with no brakes, knee & shin pads, mouth guard, stick, gloves, elbow pads, protective cup. Recommended: chest protector.

**Basketball** see pg. 12 for Youth Basketball info!

### Basketball Basics ages 6-12:

Mondays from 6:00 - 7:00 pm  
September 13 - October 25

\*no play week of September 30

MEM: \$40 PRO: \$60



## Soccer

### Coed Youth Indoor Soccer ages 7<sup>1/2</sup>-16:

6 week season, Friday, Saturday or Sundays

Week 1: Dec 3-5    Week 2: Dec 10-12    Week 3: Jan 7-9

Week 4: Jan 14-16    Week 5: Jan 21-23    Week 6: Jan 28-30

Top 4 teams will play in a tournament Feb 4-6. \*subject to change

Team: \$550 MEM: \$60 PRO: \$80

### Coed Adult Indoor Soccer ages 30+:

Games: Mon, 6:00 - 10:00 pm • Pick-up: Thur., 9:00 - 11:00 pm

Session 1: Dec 6 - Jan 10 (Tournaments on Jan 17 & 24)

Session 2: Feb 7 - March 14 (Tournaments on March 21 & 28)

Team: \$550 MEM: \$60 PRO: \$80

## After School Football at Garrison Mill

**Flag Football ages K-5th:** An after school flag football program held at their school! Flag football is a minimum contact alternative to tackle football that emphasizes the fundamentals of the sport such as passing, catching and running, learning plays and strategies. No equipment required!

Tuesdays, 4:00 - 5:00 pm: Aug 18 - Oct 19

MEM: \$60 PRO: \$80



## Home School

### Home School PE ages 7-13 who desire organized PE

Tuesdays, 1:30 - 3:00 pm

Session 1: Sept 7-30    Session 2: Oct 5-28

Session 3: Nov 2 - Dec 3 \*no class week of Thanksgiving

MEM: \$40 PRO: \$60

