

## BASKETBALL

**Youth Winter Basketball for boys and girls age 6-14:** Our leagues' main goals are for the kids to have fun playing and to grow through making friends and learning the value of team work and fair play. All age groups have one practice session during the week. Games are on Saturdays and some Sundays. Games will be played at both the McCleskey-East Cobb Family Y and the Northeast Family Y.

Player Evaluation: Saturday, November 10  
Practices: 3rd week in Nov (No play 11/19, 11/23, 12/22, 12/29)  
Season: December 1 - February 10. Makeup games will be scheduled during the week in lieu of practices.  
Single Elimination Tournament: February 8-10

**Age Divisions:** Register by age division, determined by the Player's age as of August 1, 2012

- 8 and under: Born 8/1/04-7/31/06
- 10 and under: Born 8/1/02-7/31/04
- 12 and under: Born 8/1/00-7/31/02
- 14 and under: Born 8/1/98-7/31/00

MEM: \$80 PRO: \$110  
(registration fees include team jersey)



**411 Basketball Academy ages 7-15:** This is an 8-week program conducted in a structured environment that is designed to teach the fundamentals of basketball and life lessons to boys and girls. Kids are trained to become better shooters, passers, rebounders and ball handlers. Participants will also be taught to be coachable players. The goal at the end of each session is to prepare all participants for the next level of basketball.

**Held at the McCleskey**

Spring Dates: March 3 - April 28 (No class April 1)  
Summer Dates: June 2 - July 28 (No class June 30)  
Fall Dates: Sept 8 - Oct 27

**Ages 7-9:** 9:00 - 10:00 am  
**Ages 10-15:** 10:30 - 11:30 am  
MEM: \$90 PRO: \$120



Contact John Thomas at [411basketball@gmail.com](mailto:411basketball@gmail.com) for more information.

**Volunteer:** Parents are needed to help coach basketball and flag football teams. Please contact Jamie Kekaulua at [jamiel@ymcaatlanta.org](mailto:jamiel@ymcaatlanta.org) if you would be interested in coaching.



## BEGINNER SPORTS for ages 4-K6

Introduce your child to sports in a totally non-competitive atmosphere, emphasizing good sportsmanship and having fun. Registration fee includes t-shirt and participation certificate. Each session lasts 45 minutes.

**Fall Tball:** Sundays at the McCleskey Y  
Spring Dates: Mar 18 - Apr 29 (no game 4/8)  
Fall Dates: Aug 19 - Sept 30 (no game 9/2)  
45-min. games, time vary starting at 1:30.  
MEM: \$70 PRO: \$100

**Rookie Basketballers:** at the McCleskey Y  
Winter Dates: Jan 8 - Feb 19  
Winter 2013 Dates: Jan 5 - Feb 16  
Times will vary each week Games will be scheduled at 8:30, 9:15, 10:00.  
MEM: \$70 PRO: \$100



## FLAG FOOTBALL

**Flag Football ages 6-12:** Want to get into football, but not quite ready for tackle? Come out and learn the fundamentals of football while having some fun.

**Held at the McCleskey Y**  
Evaluations: Sunday, October 28, 1:30 pm  
Practices: Sundays beginning November 4  
Games: Sundays beginning November 11  
Skills Tournament: January 27  
No practices/games:  
Nov 25 or Dec 23, 30  
MEM: \$90 PRO: \$120



# SPORTS at Northeast Y

Register online now!

## INDOOR SOCCER

**Indoor Soccer Skill Sessions Part One ages 5-12:** Keep up those soccer skills in the off season and gain more during the Winter Soccer Skill Session! Open to all players wanting to have fun, learn more, and enhance their soccer game!

Registration opens August 20 and closes Nov 23

November 26 - December 13

Every Monday and Thursday

Ages 5-8: 6:00 - 6:50 pm

Ages 9-12: 7:00 - 7:50 pm

MEM: \$60 PRO:\$80 COM: \$115

**Indoor Soccer Skill Sessions Part Two ages 5-12:** Keep up those soccer skills in the off season and gain more during the Winter Soccer Skill Session! Open to all players wanting to have fun, learn more, and enhance their soccer game!

Registration opens August 20 and closes Jan 4, 2013

January 10, 2013 - February 14, 2013

Every Thursday

Ages 5-8: 6:00 - 6:50 pm

Ages 9-12: 7:00 - 7:50 pm

MEM: \$60 PRO:\$80 COM: \$115

**Indoor Rec Soccer ages 8-16:** Enjoy playing soccer during the winter season at our indoor arena! This program is offered to all recreational players. Learn soccer at a quicker pace while getting in lots of foot work and having a blast while doing so!

January 4 -February 19

Friday-Sunday, Times TBD

No practices through out the week.

Cost TBD

**Futsal for Academy & Select Players only:** Maintain your technique and finesse in the off season.

Northeast Y Basketball Court

Friday-Sunday, Times TBD

January 4 - February 19

\$350 per team before November 19 • \$400 per team after

One member of the team needs an active YMCA membership.



## VOLLEYBALL

**Volleyball ages 7-10 (coed) & 11-14 girls:** The Northeast Cobb Y is teaming up with Cobb Atlanta Juniors Volleyball to offer a recreational volleyball league. Our mission is to teach each player the game of volleyball in a healthy environment. Players will grow as an individual as well as a team participant in a fun and exciting sport. Contact Allen Stanley at: [allens@ymcaatlanta.org](mailto:allens@ymcaatlanta.org) for more info.

One 1-hr practice per week and one match per week (8 matches) at the Northeast Y Jan 10 - Feb 19, Fall 2012 (Dates TBD)

MEM: \$145 PRO: \$175

(Cost includes jersey. Kneepads required/not included)

## ADULT INLINE HOCKEY

**Adult Inline Hockey League ages 30+:** 10 weeks of Hockey: 8-week season; 2 weeks of play-offs. Games played in three 8-minute periods! Register individually. Captains select teams after evaluations. Goalies of any age play for free, but must register as a program member. Teams selected during mid-week practices and scrimmages. Contact Jeff Shimizu for more info at (678) 232-7233.

Sundays, 6:00 - 10:00 pm

MEM: \$80 PRO: \$120

Required Equipment: HECC approved helmet with full facemask, skates with no brakes, knee & shin pads, mouth guard, stick, gloves, elbow pads, protective cup. Recommended: chest protector.

# STRIKER SOCCER at McCleskey Y

Register online now!

## STRIKER SOCCER ages 3<sup>1/2</sup> - 18

### 2012 SPRING SEASON DATES:

U4 Micro Soccer	March 10 - May 5
U5 Micro Soccer	March 10 - May 5
U6-U8 Rec Soccer	February 20 - May 5
U10-U19 Recreation	February 13 - May 5
U9-U19 Select/Academy	February 13 - May 5

### Important Dates & 411:

Micro Soccer Meet & Greet, March 4 Field Y1:  
U4 at 1:30 pm • U5 at 2:30 pm

Early Registration Dates: November 1 - January 15  
Regular Registration Dates: January 15 - February 28  
Wait List Opens February-Full

Tryouts for Select & Academy:  
U9-U13: May 29 - May 31  
U14-U19: June 5-7

### 2012 FALL SEASON DATES:

U4 Micro Soccer	September 15 - November 3
U5 Micro Soccer	September 15 - November 3
U6-U8 Re Soccer	August 27 - November 3
U10-U19 Re Soccer	August 20 - November 4
U9-U19 Select/Academy	August 13 - November 11

### Important Dates & 411:

Micro Soccer Meet & Greet, Sept 9 Field Y1:  
U4 at 1:30 pm • U5 at 2:30 pm

Early Registration Dates: March, 2012 - July 1, 2012  
Regular Registration Dates: July 2 - August 31, 2012  
Wait List Opens September 1, 2012

Tryouts for Select & Academy:  
U9-U13: May 29 - May 31  
U14-U19: June 5-7



STRIKER Soccer: We build quality soccer players who know and love the game. Our unique coaching curriculum, STRIKER Soccer, is the only one of its kind in America. We know because we share it exclusively with the City of Leeds (England) Soccer Council! Each letter of the word STRIKER represents one of the seven essential skills of soccer: each skill is divided into nine levels of difficulty. Coaches direct players' development through age-appropriate drills and play strategies. Players reaching the highest level, STRIKER GOLD, should consider themselves ready for high school or college levels. The STRIKER program also offers summer camps, and a STRIKER Academy, where U10-U12 players are transitioned to Select-level play.

### VOLUNTEER TO COACH

All YMCA teams require volunteer coaches and team managers. Training is available through Georgia Youth Soccer Association and the Y. For an interview, please email Associate Sports Director, Jamie Kekaulua at [jamiek@ymcaatlanta.org](mailto:jamiek@ymcaatlanta.org). (All YMCA volunteers must pass a criminal background check.)

Membership Categories	U4 & U5 Micro		U6 Rec		U8-U19 Rec	
	MEM:	PRO:	MEM:	PRO:	MEM:	PRO:
Registering: March - July 1	\$70	\$100	\$110	\$126	\$160	\$189
Registering: July 2 - August 21	\$70	\$100	\$110	\$126	\$169	\$199
	T-shirt included				Uniform included	