

Dance & Gymnastics

Creative Movement & Dance

Session VI: Aug. 13 - Dec. 17 no classes Sept. 24 & Nov. 26

Tap & Ballet ages 3-5: One class weekly for 45-minutes. This class is a combination class divided with 20 min of tap and 25 min of ballet. Since ballet is the basis for all dance technique, the combinations of both work hand in hand. The technical training is taught through ballet, which in turn helps teach the proper shifting of weight and patterns in movement for tap. Since children naturally respond to music and movement, all of the activities are executed to fun music.

Thursdays, 4:15 - 5:00 pm

MEM: \$190 PRO: \$225



Jazz & Hip Hop boys and girls ages 5 & up: One class weekly for 45-minutes per class. This exciting class offers a wide range of fun and up beat movement! Children learn class discipline, coordination, left and right skills, patterns in movement, and basic jazz dance technique while improving their strength, flexibility, balance, and rhythm. Using fun, upbeat, age appropriate music.

Thursdays, 5:15 - 6:00 pm

MEM: \$190 PRO: \$225



Gymnastics



Tumble along with us before the summer rolls in full force. Your child will have fun with Gymnastics and learn balance, coordination and self-esteem in this challenging, yet age-appropriate, 6-week course.

Session VI: April 14-May 19
Returning August 2009!

Mini Tumblers ages 18 months -2.5 years:

30 min. parent-assisted class.

Tuesdays, 10:30 am-11:00 am

MEM: \$49 PRO: \$69

Tiny Tumblers ages 2.5-3 years:

40 min. parent-assisted class.

Tuesdays, 11:20 am-12:00 pm

MEM: \$49 PRO: \$69

Mighty Tumblers ages 3.5-5 years:

50 min. non-parent-assisted class.

Tuesdays, 4:30 pm-5:20 pm

MEM: \$74 PRO: \$94

Dynamite Tumblers ages 6-12 years:

60 min. non-parent-assisted class.

Tuesdays, 5:30 pm-6:30 pm

MEM: \$74 PRO: \$94

