

# YMCA Special Programs

## Member Events

**Canton Y Outdoor Pool Opening:** Saturday, May 29

**5th Annual Luau at the Canton Y Outdoor Pool:** Food, fun & the ever popular belly flop contest. Exact date TBA

## Seniors

**Aqua Gold Water Group Exercise Class:** Tuesdays & Thursdays, 1:00 pm-1:50 pm

**Golden Hours:** City of Canton seniors age 60+ may use the indoor pool facilities and indoor track at no charge. Stop by the registration desk for a golden hours card. For more information, contact Nicole Lawson at 678-880-3501 or [NicoleL@ymacatlanta.org](mailto:NicoleL@ymacatlanta.org).

Tuesdays & Thursdays, 1:00 pm – 3:00 pm

## Volunteerism

At the YMCA, your time and talents go a long way. YMCA volunteers provide caring attention to all members, support for local families and encouragement for people of all ages, abilities and circumstances. No matter how you choose to volunteer, you help make our community a better place. Please contact Nicole Lawson at 678-880-3501 or [NicoleL@ymacatlanta.org](mailto:NicoleL@ymacatlanta.org)

## Rentals & Field Trips - Cherokee Y

**Teambuilding/Low Ropes:** We make personal and group success fun year round! Experience real life obstacles through controlled games, initiatives and challenges. Teamwork, leadership, goal setting, diversity, and positive character traits are encouraged.

10-40: \$30 per person (3 hours)

40-50: \$25 per person (3 hours)

51+: \$20 per person (3 hours)

**40 ft Climbing Tower:** \$10 per person

(if in addition to teambuilding - \$5 per person)

(minimum of 10 participants)



## Rentals & Field Trips - Cherokee Y

Many different types of program areas for rental year round. Dining hall, small pavilions, large pavilion, pool and soccer fields. Rentals can be utilized for meetings, weddings, birthdays and reunions. Please call 770-591-5820 for fees.

## Church, Youth & Outdoor Education

**Retreats:** Our retreat facility is located on 225 acres on Lake Allatoona allowing us to offer various retreat programs, such as: canoeing, kayaking, hiking, low ropes, climbing & much more! The YMCA has 7 comfortable bunk-style rooms that can each sleep 11 and is equipped with heat, air, restrooms & showers. For groups of more than 77 persons, cabins can be added as needed up to 100 persons.

3 nights/9 meals \$110 per person

3 nights/7 meals \$100 per person

2 nights/5 meals \$80 per person

2 nights/4 meals \$75 per person

1 night/3 meals \$55 per person

1 night/2 meals \$50 per person

## Outdoor Education Field Trips

Get ready to travel back in time with our curriculum based Colonial program. This program is designed for Kindergarten - 5th grade. Teachers and children will delight in learning about their ancestors of the 1700's. Groups have several choices such as colonial toy making, creating candles, making home made butter.

\$8 per person