

Youth Sports

Click the program title to register online!

The Y is the starting point for many youth to learn about becoming and staying active, and developing healthy habits they will carry with them throughout their lives. And the benefits are far greater than just physical health. Whether it is gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.



KARATE - CANTON Y

Karate ages 5-adult: Learn Japanese Shotokan style Karate at the YMCA! Please sign up at the Program Registration Desk.

Mondays, 6:30 pm

MEM: \$35/monthly PRO: \$50/monthly



VOLLEYBALL - CANTON Y

Spring Volleyball ages 9-14: Originally started by the Y, volleyball is a fun team sport that develops character and teamwork.

Season: March 10 – May 5

MEM: \$80 PRO: \$95

SAVE \$10: by registering by January 10

SPRING SOCCER - WOODSTOCK Y

STRIKER Soccer ages 3-15: Y soccer is designed to build teamwork, basic skills and love of the sport. Please note: for U8 leagues and higher, there is a \$20 uniform cost in addition to the registration cost.

Season: February 3 - April 30

Ages 3 - 7: MEM: \$75 PRO: \$90

Ages 8-15: MEM: \$95 PRO: \$110

SAVE \$10 by registering before January 10

www.cherokeeregistration.com for more info.

HOMESCHOOL PE - CANTON Y

Homeschool PE ages 5-17: Join us for physical activity, nutritional education, socialization and so much more. Come have some fun on the Homeschool Team!

M/W, 1:00 – 2:00 pm

Session 1: Jan 4 - Feb 15

Session 2: Feb 27 - April 11

Session 3: April 15 - May 23

Two classes a week:

MEM: \$50/first child • \$35/each add'l child

PRO: \$70/first child • \$55/each add'l child



GYMNASTICS - CANTON Y

Your child will have fun with Gymnastics and learn balance, coordination and self-esteem in this challenging, yet age-appropriate, 6-week course.

Session 1: January 10 - March 6

Session 2: March 20 - May 15

Mighty Tumblers ages 3-7 years:

50 min. non-parent-assisted class.

Tuesdays, 4:30 – 5:20 pm

MEM: \$75 PRO: \$100



Dynamite Tumblers ages 6-12 years:

75 min. non-parent-assisted class.

Tuesdays, 5:30 pm – 6:45 pm

MEM: \$95 PRO: \$120

