

Swimming: Preschool Lessons

Register online for
3,000+ programs

Weekdays

Sessions 3, 5, 6, 7, 8, 9: MEM: \$60 PRO: \$75
Session 4: MEM: \$45 PRO: \$56.25



Saturday

Sessions 3, 5, 6: MEM: \$45 PRO: \$56.25
Session 4: MEM: \$30 PRO: \$37.50

Parent/Child children ages 6-36 months:

Tot: This class is not intended to teach children to swim. Games, songs and water movements are introduced.

M/W: 11:00 am • T/TH: 11:00 am, 5:30 pm
M-TH: 10:00 am, 11:00 am, 4:30 pm • SAT: 10:00 am,

Preschool children ages 3-5 years:

Pike-Beginner: Bubble blowing, front and back float with support, submerging head independently in water with flotation. Swim 5 yards without assistance.

M/W: 11:00 am, 12:00 pm, 4:30 pm, 6:30 pm
T/TH: 11:00 am, 12:00 pm, 4:30 pm, 5:30 pm, 6:30 pm
M-TH: 10:00 am, 11:00 am, 4:30 pm, 5:30 pm, 6:30 pm
SAT: 9:00 am, 10:00 am, 11:00 am

City of Canton: M/W & TH: 10:00 am, 4:30 pm

City of Canton: SAT: 9:00 AM

Eel-Intermediate: Swims independently 15 yards to the instructor and back to wall. Learn strokes and breathing.

M/W: 11:00 am, 12:00 pm, 4:30 pm, 6:30 pm
T/TH: 11:00 am, 12:00 pm, 4:30 pm, 5:30 pm, 6:30 pm
M-TH: 10:00 am, 11:00 am, 4:30 pm, 5:30 pm, 6:30 pm
SAT: 9:00 am, 10:00 am, 11:00 am

Ray-Advanced: Build endurance and learn to tread water.

M/W: 4:30 pm, 5:30 pm • T/TH: 12:00 pm, 6:30 pm
M-TH: 9:00 am, 6:30 pm • SAT: 11:00 am

Starfish-Advanced: Children who can perform front and back crawl with no assistance. Refine stroke and skills.

M/W: 4:30 pm, 5:30 pm • T/TH: 12:00 pm, 6:30 pm
M-TH: 9:00 am, 6:30 pm • SAT: 11:00 am



Sessions Dates

M/W or T/TH • 2 days/week

Session 3: March 15 - April 15
4-week session • 2-days a wk

Session 4: April 26 - May 13
3-week session • 2-days a wk

M-TH • 4 days/week

Session 5: May 24 - June 3
2-week session • 4-days a wk
Evening classes only • No class July 3

Session 6: June 7 - June 17
2-week session • 4-days a wk

Session 7: June 21 - July 1
2-week session • 4-days a wk

Session 8: July 5 - July 15
2-week session • 4-days a wk

Session 9: July 19 - July 29
2-week session • 4-days a wk

Saturdays • 1 day/week

Session 3: March 20 - May 1
6-class session • 1-day a wk

Session 4: May 15 - June 5
4-class session • 1-day a wk

Session 5: June 19 - July 31
6-class session • no class July 3

Session 6: Aug 14 - Sept 18
6-class session • 1-day a wk

Swimming: Youth & Adult Lessons

Youth Lessons *ages 6-12:* – Pricing and dates on pg. 7

Polliwog-Beginner: 20 feet without flotation.

M/W: 11:00 am, 12:00 pm, 5:30 pm, 6:30 pm

T/TH: 11:00 am, 12:00 pm, 4:30 pm, 5:30 pm, 6:30 pm

M-TH: 10:00 am, 11:00 am, 4:30 pm, 5:30 pm

SAT: 9:00 am, 10:00 am, 11:00 am

City of Canton: M/W & T/TH: 10:00 am, 4:30 pm

City of Canton: SAT: 9:00 am

Guppy-Advanced Beginner: 25 yards front & back crawl.

M/W: 11:00 am, 12:00 pm, 5:30 pm, 6:30 pm

T/TH: 11:00 am, 12:00 pm, 4:30 pm, 5:30 pm, 6:30 pm

M-TH: 10:00 am, 11:00 am, 4:30 pm, 5:30 pm

SAT: 9:00 am, 10:00 am, 11:00 am

Minnow-Intermediate thru **Shark-Advanced:** There are 4 levels total (Minnow, Fish, Fly Fish, Shark). Swim 25 - 100 yards of each stroke (depending on level).

M/W: 5:30 pm • T/TH: 6:30 pm

M-TH: 9:00 am, 6:30 pm • SAT: 11:00 am

Adult Lessons *ages 13+:*

Adult-Ages 13+: Beginners learning to swim.

M/W: 6:30 pm • M-TH: 9:00 am, 5:30 pm • SAT: 9:00 am

City of Canton: M/W: 6:30 pm • SAT: 9:00 am

Lifeguard Classes:

Lifeguard Classes:

March 18 - 28: (TH-SU): 6:00 -10:00 pm

April 22 - May 2: (TH-F): 6:00 -10:00 pm

(SA-SU): 4:00 -10:00 pm

May 20 - 30: (TH -SU) 6:00 -10:00 pm

June 1 - 6 (TU-SU) 5:00 -10:30 pm

June 20 - 25 (SU - F) 4:00 -10:30 pm

MEM: \$195 PRO: \$215

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Stroke Clinic

Stroke & Turn Clinics:

March 8 - 11, (M-TH): 7:30 - 8:30 pm

March 12, (F): 6:45 - 7:45 pm

April 5 - 8, (M-TH): 7:30 - 8:30 pm

April 9, (F): 6:45 - 7:45 pm

August 16-19, (M-TH): 7:30 - 8:30 pm

August 20, (F): 6:45 - 7:45 pm

MEM: \$45 PRO: \$60

Scuba – Coming in June!

MEM: \$195 PRO: \$215 • Dates: TBA

Community Safety Classes:

CPR for the Professional Rescuer:

March 20: 6:00 - 10:00 pm

April 22: 6:00 - 10:00 pm

May 22: 6:00 - 10:00 pm

June 20: 6:30 - 10:30 pm

MEM: \$45 PRO: \$55

Community CPR:

March 13, Aug 15: 1:30 - 5:30 pm

April 14, May 21: 4:00 - 8:00 pm

MEM: \$35 PRO: \$45

Basic Water Rescue

April 11 or Aug 14: 4:00 - 8:00 pm

MEM: \$45 PRO: \$55