

# Kids & Family

Register online now!

**QUESTIONS?** [belisem@ymcaatlanta.org](mailto:belisem@ymcaatlanta.org) or [ebonya@ymcaatlanta.org](mailto:ebonya@ymcaatlanta.org)

## **PARENTS' MORNING OUT (PMO)** ages 18 months – 5 years

All classes are 9:00 am – 1:00 pm  
Sessions available January 9 – May 24  
Winter/Spring registration: MEM: Dec 5 PRO: Dec 12

**PMO Mondays & Wednesdays:** Your child will develop independence and self-esteem as he or she interacts with other children through circle time, songs, crafts and more.  
MEM: \$220 monthly PRO: \$245 monthly  
MEM: \$70 weekly PRO: \$80 weekly

**PMO Tuesdays & Thursdays:** Your child will be enriched through fun age appropriate physical activity such as interactive play, gym time, mini-sports, gymnastics, fitness and more.  
MEM: \$220 monthly PRO: \$245 monthly  
MEM: \$70 weekly PRO: \$80 weekly

## **PARENTS' AFTERNOON & NIGHT OUT (PAO & PNO)** ages 18 months – 12 years

- Online registrations end 8pm the Thursday prior to event
- Branch registration ends at 5pm the night before the event
- Multi-child discount applied when registering at the branch

**Parents' Afternoon Out:** 3:00 – 7:00 pm  
January 14: Blast from the past  
March 10: Carnival  
MEM: \$30/child PRO: \$40/child

**Parents' Night Out:** 5:00 – 9:00 pm  
February 11: Hollywood  
April 14: The World is a Rainbow  
MEM: \$30/child PRO: \$40/child

## **BIRTHDAY PARTY & FACILITY RENTALS**

**Build Your Own Party:** For more information, or to reserve your party today, please call Belise Michel at 404-267-4845.  
Room Rental • Swimming • Gymnastics • Arts & Crafts • Games & More



## **CHILD WATCH**

**Play Center ages 3 months – 12 years:** Let our energetic and hands on staff interact with your child while you utilize the facility.  
• Benefit of facility membership  
• 2-hour limit per day, up to 8 hrs per week  
Children are divided into age groups

**The Healthy Kids Club ages 1.5-12:** While you are working out let the Play Center staff team introduces your child to healthy habits.  
Mondays & Wednesdays, starting Feb 6  
1.5 – 2 yrs (Walking) 4:00 pm – 4:25 pm  
3 – 5 yrs 4:30 pm – 4:55 pm  
6-12 yrs 5:00 pm – 5:25 pm

## **FIT KIDS**

**Group Exercise Classes:** Available to facility member kids at no additional cost.

**Kids Rock ages 3-5 & Kids PE 101 ages 6-9:** These classes focus on increasing cardio strength within a fun and inviting environment. Classes are taught by a trained member.

Tuesdays and Thursdays  
Ages 3-5: 3:30 – 4:15 pm  
Ages 6-9: 4:00 – 5:00 pm

**Kids Garden ages 3-9:** This hands-on class meets weekly. Children tend their garden and enjoy its harvest.  
Tuesdays (May-October)  
3:00-3:30 pm