

Aquatics

Register online now!

SWIM LESSONS

Welcome! Our aquatics staff is dedicated to providing quality instruction, a clean environment, and a wonderful experience for you and your family.

Weekdays	MEM: \$53	PRO: \$75
Weekends	MEM: \$33	PRO: \$53



PARENT/CHILD LESSONS • children ages 6–36 months

Tot: This class is not intended to teach children to swim. Games, songs, and water movements are introduced.

PRESCHOOL LESSONS • children ages 3–5 years

Pike (Beginner): Bubble blowing, front and back float with support, submerging head independently in water with flotation. Swim 5 years without assistance.

Eel (Intermediate): Swims independently 15 yards to the instructor and back to wall. Learn strokes and breathing.

Ray (Advanced): Build endurance and learn to tread water.

Stafish (Advanced): Children who can perform front and back crawl with no assistance. Refine stroke and skills.

YOUTH LESSONS • children ages 6–12

Polliwog (Beginner): Swim 20 feet without flotation.

Guppy (Advanced Beginner): 25 yards front & back crawl.

Minnow (Intermediate) through Shark (Advanced): There are four levels total (Minnow, Fish, Fly Fish, Shark). Swim 25–100 yards of each stroke, depending on level.

ADULT LESSONS • ages 14 and up

Adult: Beginners learning to swim.

PRIVATE LESSONS • ages 3 and up

Schedule an appointment at the courtesy counter to speak to an instructor. Purchasing private and semi-private lessons provides you with three hours of lesson time to be scheduled with your instructor.

Private Lessons:	\$100
Semi-Private Lessons:	\$130



Kool Poolers (Arthritis)

Monday/Wednesday/Friday 9:00 a.m.

Swim Team

Year round participation. Swim meets are once a month. Practice Monday/Wednesday/Friday. 7:00 p.m. – 8:30 p.m.

\$135 joining fee (includes suit, goggles, etc.)
\$53 monthly

Lap Swim

One or more lanes are available for lap swimming each day. Lap swimming (lanes) may be unavailable during peak usage times (usually 4–7 p.m. during the week). Please see the aquatics schedule for more details.

Academy & Prime Time After School Swim

Transportation will be provided to and from the school.

Academy	3:00–4:00 p.m.	\$48/mo
Prime Time	4:00–5:00 p.m.	\$53/mo

First Aid & CPR Training

Individuals may participate in American Safety & Health Institute (ASHI) or American Red Cross (ARC) class to receive certification. Register at the courtesy counter. Classes offered every third Saturday of the month.

CPR	ASHI \$65	ARC \$90
CPRO	ASHI \$80	ARC \$110

Lifeguard Training

YMCA Lifeguard Certification

MEM \$200	PRO \$250
American Red Cross Certification	
MEM \$300	PRO \$350



Day Care Swim

We offer our facility and instructors to community organizations, day care centers, private schools, charter schools, and summer camps. In April, at our Day Care Brunch, each center bids on pool time and space for summer participation. \$53/child.