

Aquatics

Register online now!

PARENT/CHILD CLASSES ages 6 months–4 years

Parent/Tot ages 6–18 months: Encourages a child to work towards independence in the water with a parent through songs and games.

SAT: 9:00 – 9:30 am

2 Much Fun ages 18–36 months: Encourages a child to work towards independence in the water with a parent.

SAT: 9:30 – 10:00 am

PRESCHOOL SWIM LESSONS ages 3–5 • Thirty minute classes.

Pike I (Beginner I): No skills required. Must be ready for group setting without parent.

M/W: 3:30 – 4:00 pm

TU/TH: 3:45 – 4:15 pm

SAT: 9:30 – 10:00 am

Pike II (Advanced Beginner II): Enjoys blowing bubbles, submerging head completely, comfortable with front and back float, jumps without assistance, and independent with floatation.

M/W: 4:30 – 5:00 pm

Eel (Intermediate): Completed skills required for Pike II plus front and back float for 5 seconds, jumps in and swims solo 10 feet with eyes in water.

M/W: 4:00 – 4:30 pm

TU/TH: 5:00 – 5:30 pm

Ray/Starfish (Advanced): Completed skills required for Eel plus swims at least 15 yards. May be able to swim a modified front crawl, elementary backstroke and tread water.

M/W: 4:00 – 4:30 pm

PRIVATE SWIM LESSONS

Private/Semi-Private Swim Lesson: members only:

Session consists of six, thirty-minute lessons.

MEM: Private \$150 (for 3 hours)

Semi-Private \$230 (duo at \$115 each)



SESSION DATES

Weekday Lessons: 4-wk sessions • 2-days a wk

Saturday Lessons: 4-wk sessions • 1-day a wk

Mon/Wed or Tues/Thurs

October 3 – October 27

October 31 – November 17*

November 28 – December 15*

Saturdays

October 1 – October 22

October 29 – November 19

December 3 – December 17*

PARENT CHILD CLASS RATES

Weekdays: MEM: \$60 PRO: \$85

Weekends: MEM: \$37 PRO: \$55

PRESCHOOL CLASS RATES

Weekdays: MEM: \$70 PRO: \$95

Weekends: MEM: \$45 PRO: \$65

*Indicates a 3 week session. These classes will be prorated.

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YOUTH SWIM LESSONS ages 6-12 • Classes are 45 minutes.

Polliwog I (Beginner): No skills required.

M/W: 5:05 – 5:50 pm T/TH: 4:15 – 5:00 pm
SAT: 10:00 – 10:45 am

Guppy (Intermediate Beginner): Completed skills required for Polliwog II plus front paddle with eyes in water, back paddle and side paddle 20 yards without floatation.

M/W: 5:55 – 6:40 pm T/TH: 5:35 – 6:05 pm
SAT: 10:50 – 11:35 am

Minnow (Advanced Beginner): Completed skills required for Guppy plus swim 25 yards nonstop performing freestyle with side breathing, side kick and backstroke.

M/W: 6:45 – 7:00 pm T/TH: 6:10 – 6:55 pm
SAT: 11:40 – 12:25 pm

Flying Fish/Shark (Advanced):

T/TH: 6:55 – 7:35 pm

ADULT SWIM LESSONS ages 13+

Adult Beginner: No skills required.

SAT: 12:30 – 1:15 pm

Adult Intermediate: Ability to swim on front and back.

SAT: 1:15 – 2:00 pm

SWIM TEAM

YMCA Swim Team – Summit Titans: The swim team will compete in meets against other Y's in Metro Atlanta. Fees includes YMCA Meet fees, transportation to and from meets, use of practice equipment (fins, kickboards, paddles, etc.), swim cap, Titan's tee-shirt, and Titan's special events.

2011-12 Fall Season • Sessions run monthly

Group A. (Beginner): Mon/Wed/Thurs: 5:00 – 5:45 pm
MEM: \$75 PRO: \$100 Multiple child reduced rate 10% off

Group B. (Intermediate): Mon/Wed/Thurs/Sat: 5:30 – 6:30 pm
MEM: \$85 PRO: \$110 Multiple child reduced rate 10% off

Group C. (Advanced): Mon/Wed/Thurs/Sat: 6:30 – 8:00 pm
MEM: \$95 PRO: \$120 Multiple child reduced rate 10% off

Early Registration ends the 3rd of each month!

Summit Family YMCA • Fall 2011 • 770-254-9622 • ymcaatlanta.org • ymcaregistration.com



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Mon/Wed or Tues/Thurs

October 3 – October 27

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Saturdays

October 1 – October 22

October 29 – November 19

December 3 – December 17*

YOUTH & ADULT CLASS RATES

Weekdays: MEM: \$70 PRO: \$95

Weekends: MEM: \$45 PRO: \$65

*Indicates a 3 week session. These classes will be prorated.

LIFEGUARD TRAINING

YMCA Lifeguard Training ages 16+: You must attend all classes within the session. Classes include: CPRO, First Aid, AED & O2. Must be age 16 by the end of the course.

Friday, October 7, 5:00 – 10:00 pm

Saturday, October 8, 2:00 – 6:00 pm

Sunday, October 9, 12:00 – 5:00 pm

Friday, October 14, 5:00 – 9:00 pm

Saturday, October 15, 2:00 – 6:00 pm

Sunday, October 16, 12:00 – 5:00 pm

MEM: \$195 PRO: \$225

CPR & FIRST AID

Community CPR and First Aid:

Saturday, Nov. 19; 9:00 am – 1:00 pm First Aid

Saturday, Nov. 19; 1:00– 5:00 pm Community CPR