

Sports & Rec: Adult Tennis

Adult Tennis *ages 18+*

Adult Beginner Lessons *free for facility members:*

Lessons designed for complete beginners or players who have not played in years and would like to get back into tennis. Lessons concentrate on description of court layout, how to keep score, basic steps to develop fore-hand, backhand and serve. Intro to match play included.

Thursday, 6:30 - 7:30 pm

Friday, 9:00 - 10:00 am

Adult Beginner League Men & Women: A six week program designed to introduce beginners to match play. Practice will be held once a week on Monday night with matches scheduled for Saturday afternoon. A great way to get started playing tennis. Instruction will emphasize basic stroke production and an introduction to basic singles and doubles strategies. *Register @ 770-254-5933.*

Registration begins: September 14

Practices and matches begin: September 28

Practices: Mondays, 6:30 - 8:00 pm

Matches: Saturdays, 3:00 pm

MEM: \$75 PRO: \$100



Ladies Doubles Drills: Drills are designed for intermediate to advanced players. Instruction concentrates on basics of doubles play including court positioning and shot selection. Point play situations are used to help develop these skills.

Fridays, 9:00 - 10:30 am

MEM: \$10 PRO: \$15



Mens Doubles Drills: Drills are designed for intermediate to advanced players. Instruction concentrates on basic doubles play including court positioning and shot selection. Point play situations are used to help develop these skills.

Thursdays, 9:30 - 11:00 am

MEM: \$10 PRO: \$15



Mens Singles Drills: Drills are designed for intermediate to advanced players. Instruction concentrates on basic singles play including court positioning and shot selection. Drills will include ground stroke and net play scenarios to help develop these skills.

Wednesdays, 12:00 - 1:30 pm

MEM: \$10 PRO: \$15



Mixed Doubles Drills for Men & Women:

Drills are designed for intermediate to advanced players. Instruction concentrates on basic doubles play including court positioning and shot selection. Point play situations are used to develop these skills.

Thursdays, 6:30 - 8:00 pm

MEM: \$10 PRO: \$15



Mixed Doubles Round Robin Men & Women: Skill level of participants will vary, however the ability to serve and keep the ball in play are necessary. Players will rotate partners every 4 games with the man and women winning the most games playing for free. Strictly a social round robin. Drinks and balls provided.

Fridays, 7:00 - 9:00 pm

MEM: \$5 PRO: \$7



Adult Tennis *ages 45+*

Senior Match Play Men & Women: Match play in a round robin format. Players rotate every 4 games. Players should be intermediate to advanced.

M/W/FRI: 8:30 - 10:30 am

MEM: FREE PRO: \$25

Sessions are monthly and registration is required.

