

Sports & Rec: Athletics, Dance & Cheer

Baseball

Baseball coed ages 3 and up: Players will be taught the fundamentals of baseball through drills and games. T-ball will be taught to the 3 - 6 year-olds, coach pitch baseball will be taught to the 7 - 8 year-olds, and 9 & up will be instructed to play traditional baseball.

Look for flyers at the branch for more information!

Tennis

Tennis Lessons coed ages 4-adult: Throughout the 8-week sessions the participants will learn the basic fundamentals of tennis. Players will learn through a series of drills and games as they grow a love and passion for the sport.

Look for flyers at the branch for more information!

Judo

Judo coed ages 7+: A traditional Japanese martial art, focusing on the development of mind, body and spirit and emphasizing endurance, patience, confidence and most importantly, the avoidance of conflict.

6:30 – 7:30 pm

Jan. 5 - 30 • Feb. 2 - 27 • March 2 - 27

MEM: \$35 PRO: \$65



Soccer

Soccer coed ages 3-11: YMCA soccer is designed to build elementary and intermediate skills, basic fundamentals and love of the sport. Practices once a week with games on Saturdays.

Look for flyers at the branch for more information!



Tumbling, Dance & Cheer

Creative Movement ages 2-3: A fun, educational movement class for toddlers.

9:30 – 10:30 am

Jan. 10 - 31 • Feb. 7 - 28

March 7 - 28

MEM: \$20 PRO: \$ 35



Pre-K Ballet ages 4-7: Another fun and educational ballet class for young kids.

10:30 – 11:30 am

Jan. 10 - 31 • Feb. 7 - 28

March 7 - 28

MEM: \$20 PRO: \$ 35



Tumbling ages 2-3: A fun, educational gymnastics class for your little tumbler.

6:30 – 7:30 pm

Jan. 6 - 29 • Feb. 3 - 26

March 3 - 26

MEM: \$20 PRO: \$ 35



Cheerleading ages 4-8: A fun, cheer class for youth.

6:30 – 7:30 pm

Jan. 5 -30 • Feb. 2 - 27

MEM: \$35 PRO: \$ 65

