

# YMCA Special Programs

Register online now!

## COMMUNITY CPR

Adult, Infant and Child CPR, with First Aid included. This program is not sufficient for healthcare providers or first responders. This program is held Saturdays. Maximum 8 participants.

February 18 • March 24 • April 21 • May 12  
9:00 am – 2:00 pm • \$40/person

## FACILITY RENTAL

Choice of using the pool, along with volleyball, basketball, racquetball, billiards and more. Participants must complete a Rental Agreement and pay a \$500 security deposit. The deposit is refundable unless YMCA property is damaged during rental usage. Call Christy at 770-513-5955 for more information and dates available.

Fridays only, 11:00 pm – 7:00 am.

Facility only: \$480 (for 40 or less and \$12/person for 41+)

Facility + Pool: \$600 (for 40 or less and \$15/person for 41+)

## TEAM BUILDING CHALLENGE COURSE

### Team Building Challenge ages 14+:

Adventure type activities allow participants to solve challenges as a group working on communication, conflict resolution and resource identification.

\$30/person for half day (3.5 hrs)

\$60/person for full day program (7 hrs)

Call 770-513-5956 for more info and dates.



## SPECIAL EVENTS

### FEBRUARY

**Annual Financial Assistance Community Campaign Kickoff** : Our volunteers and staff will be contacting our members for pledges for 2012.

### MARCH

**Madness Food Drive**: A Y event benefiting Lawrenceville Coop and Southeast Gwinnett Coop. Bring in a non perishable item each time you work out to help feed the children over Easter and Spring Break.

### APRIL

**Healthy Kids Day**: A fun, healthy day for the whole family.

April 29th

1:00 – 5:00 pm

## VOLUNTEERISM

At the YMCA, your time and talents go a long way. Volunteers provide caring attention to all members, support for local families and encouragement for people of all ages, abilities and circumstances. No matter how you choose to volunteer, you help make our community a better place! Janice Burnell, 770-513-5941 info.

