

Teen Programs

Register online now!

[HYDRATION GUIDE \(click here\)](#)

(For those viewing online)

EVENTS

Teen Nights ages 12-15: Hang out with friends and play games, such as ping pong, billiards, racquetball, basketball and volleyball. Sign up at Y-Rec as soon as you can because the maximum is 40 and there are no sign-ups at the door.

Fridays, 7:00 – 11:00 pm

June 24 • July 29 • October 14 • December 9

MEM: \$15/per night GUEST: \$20/per night



Coed 3v3 Basketball Tournament ages 12-15: All participants must be pre-registered and the max number is 40 players. We will provide pizza and drinks. Join us!

Fridays, 7:00 – 11:00 pm

June 10 & July 22

MEM: \$15/per night GUEST: \$20/per night



SPORTS & REC

Meet in Y-Rec!

Coed Pick-Up Street Hockey: Dress for playing outside.

Thursdays, 5:30 – 7:45 pm

Team Handball: Wear comfortable clothing and tennis shoes. Dress for playing outside. Meet in Y-Rec.

Wednesdays, 5:30 pm

Tennis: Dress for playing outside.

Tuesdays, 5:30 pm

Tournaments: Sign up in Y-Rec for billiards, ping pong and foosball tournaments held in the Youth/Teen Center.

VOLLEYBALL

Coed Volleyball League ages 13 – 15 years:

July 9 - August 13 • Saturdays 9:00 am – Noon

MEM: \$20 PRO: \$25

Teen Coed Volleyball Tournament ages 13-15:

September 30 • 7:00 – 11:00 pm

MEM: \$15 Guest: \$20

Coed 3 v 3 Basketball Tournament ages 13-15:

October 28 • 7:00 – 11:00 pm

MEM: \$15 Guest: \$20



The teens at the J.M. Tull-Gwinnett Family YMCA are committed to creating a diverse, fun and motivating environment that seeks to serve our peers and the community while promoting our core values of caring, honesty, respect and responsibility.

Group Exercise Classes ages 13+: Teen members are encouraged to join any of the group exercise classes. Come and try something new!

CLUBS

Teen Leaders Club ages 13-18: Service, volunteerism, social interaction and appreciation for diversity. Serve your community while developing relationships with others. Contact Danny at 770-513-5962 for more information.

Tuesdays, 7:00 pm (through the school year)

Jr. Teen Leaders Club:

7th - 8th grade students

Sr. Teen Leaders Club:

9th -12th grade students