

# Sports & Rec: Team Sports

## Karate

**Karate ages 3+:** At The Villages at Carver Family YMCA, we teach Tang Soo Do, a traditional Korean martial arts of self-defense. The name means “way of the empty hand.” Martial Arts helps develop confidence, physical fitness, self-defense, discipline, and overall better health.

### Youth 3-8

Wednesday and Friday  
6-7pm, Activity Room 1 or Gymnasium

### Adult (9-up)

Wednesday and Friday  
7-8pm, Activity Room 1 or Gymnasium

Session: April 7 - 30      *register by April 1*  
Session: May 5 - 28      *register by April 29*  
Session: June 2 - 25      *register by May 27*  
Session: July 7 - 30      *register by July 1*  
Session: August 4 - 27      *register by July 29*  
Session: Sept 8 - Oct 1      *register by Sept 1*

#### Please note:

- Uniforms are not included in the price and can be purchased from the instructor for \$35
- Registrations received after the late registration deadline will be assessed an additional \$10 late fee.
- Early Bird Specials are available for facility members only.

MEM: \$26    PRO: \$46

Early Bird Special \$25 for MEM

\$10 Late fee if registering after listed reg date!



## Basketball Sports Camps

**Basketball Camps ages 7-12:** The Villages at Carver Family YMCA continues to emphasize positive teamwork and cooperation over winning at any cost. These one week camps provide an opportunity to learn the fundamentals of basketball and improve skills while focusing on the values of hard work, integrity, and persistence.

Session: June 21 - 25    • Session: June 28 - July 2

Session: July 12 - 16

**Register for over 1,000 programs  
with our NEW Online Registration!**



## Soccer

**Fall Soccer ages 4-10:** Our developmental soccer league focuses on basic skills and good sportsmanship. Volunteer coaches are needed. Financial assistance available.

Registration: August 2 - 31

Early registration ends August 10th

(early registration price \$25 – facility members only)

Practices begin: Week of September 13

Games begin: September 20

Games end: November 5

MEM: \$35    PRO: \$55

\*Prices do not include \$25 uniform set