

Y Family Programs

Parents' Morning Out

Parents' Morning Out *ages 2-5*: Bring your preschooler to the Y for some fun and interactive learning for them and some free time for you. Activities includes story time, sing a longs, gym time, crafts and more. Send your preschooler in with a lunch and we will provide the snacks.

Wednesdays AND/OR Fridays

August- May, 9:00 am - 1:00 pm

One Day/Week MEM: \$69/month PRO: \$89/month

Two Day/Week MEM: \$138/month PRO: \$178/month

Spanish Lessons

Alegria (Spanish Lessons) *ages 3^{1/2} -10*: Have your child be successful and feel excited about learning Spanish. He or she will learn all about the Spanish culture including how to speak and write in Spanish while also learning about music, movement, listening and interacting with others. Our instructor, Vickie Ferguson, has an early childhood education teaching degree and has taught for ten years. She is a native Spanish speaker and has taught Spanish to countless children in the past 15 years, including her own four boys.

August 17 - ????

Ages 3 1/2 - 6: Thursdays, 10:00 am - 11:00 pm

Ages 5 - 10: Tuesdays, 3:30 - 4:30 pm

MEM: \$110 PRO: \$132



School's Out Camp

School's Out Camps *ages 6-12*: Does the new school calendar leave your kids out of school more often than you can take off work? We are bringing the best of Camp Cedarcrest activities including archery, climbing wall, swimming, gym games, and more right here to the YMCA for safe, affordable, and fantastic fun for your kids during the school holidays.

September 20 - 24 • November 2 or November 22 - 23

December 20 - 22 or December 27-29 • January 3

Weekly Sessions: MEM: \$98/week PRO: \$118/week

Daily Sessions: MEM: \$25/day PRO: \$30/day



Fit Kids

Preschool Fit Kids *ages 3-5* Come join us for a fabulous fitness class just for you! Use balls, steps, jump ropes, relays and obstacle courses to help keep you strong and fit. Wear tennis shoes and bring water!

Tuesdays and Thursdays, 4:00 - 4:45 pm

Aug 16 - Oct 16 or Oct 18 - Dec 18

MEM only: \$20

Birthday Parties

Birthday Parties *members only, ages 6+:*

We make it easy and fun to celebrate your child's birthday at the Northwest YMCA! We offer three types of birthday parties

Saturdays or Sundays, 1:30 - 3:30 pm

Splashin' Bash (pool), ages 6-12

Rockin'Y (climbing), ages 6-12

MEM: \$140 PRO: \$180

XRKade, ages 10+

MEM: \$200 PRO: \$225



Happy Birthday!
\$20 off Birthday Party.
Good through December 2010.