

GYM SCHEDULE

Cowart Family-Ashford Dunwoody YMCA

February 22 - May 23, 2010



6:00 7:00 8:00 9:00 10:00 11:00 12:00 1:00 2:00 3:00 4:00 5:00 6:00 7:00 8:00 9:00 10:00

Monday	North	Open Gym										Adult Pick Up		Open			
	South	Open Gym			Gymnastics							Family Gym					
Tuesday	North	Open Gym															
	South	Family Gym			Gymnastics							Fit Kids	Family Gym				
Wednesday	North	Open Gym										Adult Pick Up		Open			
	South	Family Gym															
Thursday	North	Open Gym										Fit Kids		Open Gym			
	South	Family Gym			Gymnastics							Family Gym					
Friday	North	Open Gym															
	South	Family Gym															
Saturday	North	YMCA CLOSED	Open Gym		Adult Pick Up		Open Gym					YMCA CLOSED					
	South	YMCA CLOSED	Family Gym		Adult Pick Up		Open Gym					YMCA CLOSED					
Sunday	North	YMCA CLOSED	Open Gym				12PM-3PM			Open Gym			YMCA CLOSED				
	South	YMCA CLOSED	Open Gym				Adult Pick-Up			Open Gym			YMCA CLOSED				

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Occasionally, last minute changes may need to be made. Changes will be posted in advance.