

Cowart Family - Ashford Dunwoody

YMCA POOL SCHEDULE

February 22 - May 8, 2010

We will always strive to abide by this schedule. However, the schedule will sometimes change to allow more or less lanes for these activities.

Please shower before entering the pool or whirlpool.

Children under the age of 4 MUST wear a swim diaper.




LAP SWIM

Times	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am - 6:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
6:00 am - 7:00 am	5 lanes	7 lanes	5 lanes	7 lanes	5 lanes
7:00 am - 9:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
9:00 am - 10:00 am	2 lanes	3 lanes	2 lanes	3 lanes	2 lanes
10:00 am - 11:30 am	4 lanes	4 lanes	4 lanes	4 lanes	4 lanes
11:30 am - 1:00 pm	3 lanes	4 lanes	3 lanes	4 lanes	3 lanes
1:00 pm - 4:00 pm	4 lanes	4 lanes	4 lanes	4 lanes	4 lanes
4:00 pm - 5:30 pm	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
5:30 pm - 6:30 pm	2 lanes	2 lanes	2 lanes	2 lanes	3 lanes
6:30 pm - 7:30 pm	2 lanes	3 lanes	2 lanes	2 lanes	3 lanes
7:30 pm - 8:30 pm	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
8:30 pm - 9:45 pm	5 lanes	5 lanes	5 lanes	5 lanes	5 lanes

Saturday	
8:00 am - 8:30 am	7 lanes
8:30 am - 9:30 am	6 lanes
9:30 am - 11:15 pm	2 lanes
11:15 pm - 1:30 pm	3 lanes
1:30 pm - 5:45 pm	3 lanes

Sunday	
8:00 am - 9:30am	6 lanes
9:30 am - 5:45pm	3 lanes

FAMILY SWIM

	Monday	Tuesday	Wednesday	Thursday	Friday
	10:00 am - 9:45 pm	10:00 am - 9:45 pm	10:00 am - 9:45 pm	10:00 am - 9:45 pm	10:00 am - 9:45 pm
Saturday	9:00 am - 5:45 pm				Sunday
					9:00 am - 5:45 pm
					

LAP SWIM - Endurance swimming for those who can swim continuously two or more lengths of the pool

FAMILY SWIM - Recreational swimming for all ages.

We strive to abide by this schedule. However, the lifeguard has the authority to change the lane schedule as needed to accommodate various activities.