



# YAQUATICS™

## The Lagoon Pool Schedule

You can access the Family Aquatics Center schedule by visiting our website at [www.ymcaatlanta.org](http://www.ymcaatlanta.org)

### 2010 Summer Swim Schedule

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|--|---|--|--|--|--|
| <b>Family Swim</b><br><b>10pm-5:30pm</b>   | <b>Mr. Ted Sr. Water Aerobics</b><br><i>8-9am/ 9-10am</i>  | <b>Sr. Aqua Jam</b><br>8am-9am<br><br><b>Aqua Funk</b><br>9am-10am<br><br><b>Splash-N-Dash</b><br>10am-11am | <b>Mr. Ted Sr. Water Aerobics</b><br><i>8-9am/ 9-10am</i>  | <b>Sr. Aqua Jam</b><br>8am-9am<br><br><b>AQUACIZE</b><br>9am-10am                                      | <b>Mr. Ted Sr. Water Aerobics</b><br><i>8-9am/9-10am</i>                                     | <b>Parent/Tot I</b><br>8:45-9:15am<br><br><b>Parent/Tot II</b><br>9:15-9:45am<br><br>Pike/EEL/ RAY Starfish Group Swim Lessons<br>9:45-10:15am |
| <b>"SPLASH!" into your Birthday with a pool party!</b><br><br>Call 404-373-6561 for more information | <b>Pre-School Swim Lessons</b><br><b>9am-3pm</b><br><br><b>Family Swim</b><br><b>3pm-6pm</b>           | <b>Pre-School Swim Lessons</b><br><b>9am-3pm</b><br><br><b>Family Swim</b><br><b>3pm-6pm</b>                | <b>Pre-School Swim Lessons</b><br><b>9am-3pm</b><br><br><b>Family Swim</b><br><b>3pm-6pm</b>             | <b>Pre-School Swim Lessons</b><br><b>9am-3pm</b><br><br><b>Family Swim</b><br><b>3pm-6pm</b>           | <b>Pre-School Swim Lessons</b><br><b>9am-3pm</b><br><br><b>Family Swim</b><br><b>3pm-6pm</b> | Polliwog/Guppy/Minnow Swim lessons<br>10:15-11am<br><br>Water Aerobics Liquid Tone<br>11am-12pm  |
| <b>HEARD ABOUT PWY?</b>  | Pike/EEL/ RAY/ Starfish Group Swim lessons<br>6pm-6:30pm   | Pike/EEL/ RAY/ Starfish Group Swim lessons<br>6pm-6:30pm  | Pike/EEL/ RAY/ Starfish Group Swim lessons<br>6pm-6:30 pm  | Pike/EEL/ RAY/ Starfish Group Swim lessons<br>6pm-6:30pm   | <b>HEARD ABOUT PWY?</b>  |  |
|  | Polliwog/Guppy/Minnow Group Swim lessons<br>6:35pm-7:20pm<br><br>Fish/Flying Fish/Shark<br>7:20-8:10pm | Polliwog/Guppy/Minnow Group Swim lessons<br>6:35pm-7:20pm<br><br>Fish/Flying Fish/Shark<br>7:20-8:10pm      | Polliwog/Guppy/Minnow Group Swim lessons<br>6:35pm-7:20pm<br><br>Fish/Flying Fish/Shark<br>7:20pm-8:10pm | Polliwog/Guppy/Minnow Group Swim lessons<br>6:35pm-7:20pm<br><br>Fish/Flying Fish/Shark<br>7:20-8:10pm |  | <b>Family Swim</b><br><b>2:30pm-5:30pm</b>   |
|  | <b>Water Aerobics</b><br>6:30pm-7:30pm<br><br><b>Family Swim</b><br><b>7:30-9:30pm</b>                 | <b>Water Aerobics</b><br>6:30pm-7:30pm<br><br><b>Family Swim</b><br><b>7:30-9:30pm</b>                      | <b>Water Aerobics</b><br>6:30pm-7:30pm<br><br><b>Family Swim</b><br><b>7:30-9:30pm</b>                   | <b>Water Aerobics</b><br>6:30pm-7:30pm<br><br><b>Family Swim</b><br><b>7:30-9:30pm</b>                 | <u>NEWS FLASH!</u><br>Sign up today for swim lessons at all levels!                          |  |