

MemberBenefits

McCleskey-East Cobb
YMCA

YGYMNASIUM**Schedule effective through July 31, 2010**

Please Note: Summer campers take precedence in the gym Monday through Friday during inclement weather and a high heat index.

MONDAY

		Side
6:00-6:30 am	Family Open Gym	A & B
6:30-8:30 am	Adult Open Gym	A & B
8:30 am-10:00 am	Family Open Gym	A & B
10:00 am-11:00 am	PlayCenter Activity	B only
10:00 am-11:00 am	Family Open Gym	A only
11:00 am - 12:00 pm	Family Open Gym	A & B
12:00-1:00 pm	Adult Open Gym (18+)	A & B
1:30-4:00 pm	Family Open Gym	A & B
4:00-5:00 pm	Family Open Gym	A only
5:00-5:00 pm	PlayCenter Activity	B only
5:30-9:45 pm	Adult Open Gym	B only
5:00-9:45 pm	Family Open Gym	A only

TUESDAY

6:00 am-10:00 am	Family Open Gym	A & B
10:00 am-11:00 am	PlayCenter Activity	B only
10:00 am-11:00 am	Family Open Gym	A only
11:00 am - 12:00 pm	Family Open Gym	A&B
12:00-1:00 pm	Adult Open Gym (18+)	A & B
1:30-4:00 pm	Family Open Gym	A&B only
4:00-5:00 pm	PlayCenter Activity	B only
4:00-9:45 pm	Family Open Gym	A only
5:00-9:45 pm	Adult Open Gym	B only

WEDNESDAY

06:00-6:30 am	Family Open Gym	A & B
6:30-8:30 am	Adult Open Gym	A & B
8:30 am-10:00 am	Family Open Gym	A & B
10:00 am-11:00 am	PlayCenter Activity	B only
10:00 am-11:00 am	Family Open Gym	A only
11:00 am-12:00 pm	Family Open Gym	A & B
12:00-1:00 pm	Adult Open Gym (18+)	A & B
1:30-4:00 pm	Family Open Gym	A & B
4:00-5:00 pm	PlayCenter Activity	B only
4:00-9:45 pm	Family Open Gym	A only
5:00-9:45 pm	Adult Open Gym	B only

THURSDAY

		Side
6:00 am-10:00 am	Family Open Gym	A & B
10:00 am-11:00 am	PlayCenter Activity	B only
10:00 am-11:00 am	Family Open Gym	A only
11:00 am - 12:00 pm	Family Open Gym	A&B
12:00-1:00 pm	Adult Open Gym (18+)	A & B
1:30-4:00 pm	Family Open Gym	A&B
4:00-5:00 pm	PlayCenter Activity	B only
4:00-9:45 pm	Family Open Gym	A only
5:00-9:45 pm	Adult Open Gym	B only

FRIDAY

6:00-6:30 am	Family Open Gym	A & B
6:30-8:30 am	Adult Open Gym	A & B
8:30 am-10:00 pm	Family Open Gym	A & B
10:00 am-11:00 am	PlayCenter Activity	B only
10:00 am-11:00 am	Family Open Gym	A only
11:00 am-12:00 pm	Family Open Gym	A&B
12:00-1:00 pm	Adult Open Gym (18+)	A & B
1:30-3:00 pm	Family Open Gym	A & B
3:00-8:45 pm	Family Open Gym	A only
4:00-5:00 pm	PlayCenter Activity	B only
5:00-8:45 pm	Adult Open Gym	B only

SATURDAY

8:00 am-5:45 pm	Family Open Gym	A only
8:00 am-5:45 pm	Adult Open Gym	B only

SUNDAY

1:00-5:45 pm	Adult Open Gym	A only
1:00-2:00 pm	Family Open Gym	B only
2:00-3:00 pm	PlayCenter Activity	B only
3:00-6:00 pm	Family Open Gym	B only

Member Benefits

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YGYMNASIUM

- All members/guests must be checked in by the front desk staff.
- Children younger than 13 must be directly supervised by an adult (18+).
- No Dunking, slamming or hanging from the rims/nets.
- No rough play and/or abusive/profane language or gestures.
- No fighting.
- Clean, non-marking soled shoes must be worn.
- No bare feet, sandals, street clothes or wet clothes.
- No food, gum or drinks (other than water).
- Do not kick the balls while in the gym.
- No dribbling outside of the gym.
- Intentional destruction of YMCA property will not be tolerated.
- We are not responsible for lost or stolen property.
- Proper attire must be worn and be suitable for a family-oriented facility.
- Members are responsible for the behavior of your guests and must ensure they follow the posted guidelines.
- Good sportsmanship and demonstration of the FOUR CORE YMCA VALUES (Caring, Honesty, Respect & Responsibility) are expected for all activities.

Pick-Up Basketball Rules

- Pick-Up games are open to members 13 yrs and older.
- Teams will be a max of 5 v. 5.
- When players are waiting, games will be played to 11 (by ones, and win by 2).
- When there are more than 15 members participating, games will run cross-court.
- There is a 2 game max. Winning team must rotate out.
- All players must follow gym rules.

Family Open Gym

- Ages 4+. Children 4–12 yrs old must be directly supervised by an adult.

Adult Open Gym

- Facility members ages 18+.

All rules and regulations are subject to change at the discretion of the McCleskey-East Cobb YMCA. Failure to abide by rules will result in a suspension and/or termination of your membership. You may also be financially responsible for any property damage caused by your behavior or that of your guest(s).