



Schedule effective through July 31, 2010

MONDAY

		Side
5:00-6:00 am	Open Arena	A & B
6:00-7:30 am	Boot Camp	A & B
7:30 am-3:00 pm	Open Arena	A & B
3:00 -6:30 pm	Open Skate	A & B
6:30-10:00 pm	Open Stick	A & B

TUESDAY

		Side
5:00-1:00 pm	Open Arena	A & B
1:00-2:00 pm	Jacobs Ladder	A & B
2:00-4:00 pm	Open Arena	A & B
4:00-6:00 pm	Open Skate	A & B
6:00-8:00 pm	Open Stick	A & B
8:00-10:00 pm	Open Arena	A & B

WEDNESDAY

		Side
5:00-6:00 am	Open Arena	A & B
6:00-7:30 am	Boot Camp	A & B
7:30 am-2:00 pm	Open Arena	A & B
2:00 pm-4:00 pm	Open Stick	A & B
4:00-6:00 pm	Open Skate	A & B
6:00 -8:00 pm	Hockey Skills & Drills	A & B
8:00-9:00 pm	Adult Hockey	A & B
9:00-10:00 pm	Open Arena	A & B

THURSDAY

		Side
5:00 am-1:00 pm	Open Arena	A & B
1:00-2:00 pm	Jacobs Ladder	A & B
2:00-4:00 pm	Wood Acres Private School	A & B
4:00-6:00 pm	Open Stick	A & B
6:00-8:00 pm	Open Skate	A & B
8:00-10:00 pm	Open Arena	A & B

FRIDAY

		Side
5:00-6:00 am	Open Arena	A & B
6:00-7:30 am	Boot Camp	A & B
7:30 am-3:00 pm	Open Arena	A & B
3:00-5:00 pm	Open Stick	A & B
5:00-7:00 pm	Open Skate	A & B
7:00-9:00 pm	Open Arena	A & B

SATURDAY

		Side
7:00-9:30 am	Bruise Bro. Practice	A & B
930am-1:00 pm	Event	A & B
1:00-2:30 pm	Open Skate	A & B
2:30-4:00 pm	Open Stick	A & B
4:00-5:00 pm	Open Sports	A & B
5:00-8:00 pm	Event	A & B

SUNDAY

		Side
11:00-12:00 pm	Open Skate	A & B
12:00-2:30 pm	Birthday Parties	A & B
2:30-3:30 pm	Class	A & B
3:30-5:00 pm	Open Arena	A & B

(Adult Hockey 5-?)

Arena Guidelines & Open Arena Rules

- Non-marking soled shoes must be worn in the gym. Proper attire, including shirts, must be worn at all times.
- Appropriate gear must be worn for the activity being played. (Helmets, Shin Guards, Elbow Pads, etc.)
- Conduct yourself in an appropriate manner following the YMCA core values of Caring, Honesty, Respect and Responsibility.
- Only Facility Members and their guests are permitted on the Arena during Open Court and Open Stick.
- Program member children and guests are restricted to the Arena spectator area. They are not allowed to use the Gym or Batting Cages. They may use the Café area if accompanied by a parent.
- No foul language, bullying, fighting or other inappropriate behavior will be tolerated. Violators will be asked to leave the facility.
- NO puck handling, kicking soccer balls or passing lacrosse balls in the locker rooms or Arena hallway areas is permitted.
- NO skating in the Gym, spectator or batting cage area is permitted.
- NO food, gum or drink is permitted on the Arena floor.
- Players are responsible for cleaning up the areas used at the end of their play. (Locker Rooms, Player Boxes, Bench areas, etc.)
- Please help us keep our YMCA in good repair. The intentional destruction of YMCA property will not be tolerated.

Our Age Usage Policy is intended to keep your children safe while visiting our YMCA. We ask for your cooperation in helping us protect your children.

Age of Use

- Only Facility Members 13 years of age and older may use the Arena without supervision.
- Facility Members 12 years of age and under may use the Arena as long as they are supervised by a parent or by YMCA staff.
- Program Members' children are not allowed to use the Arena unless they are participating in league play or authorized team practice.
- All children under 13 years of age may use the Café area as long as they are directly supervised by the parent.

**NOTE: The Arena schedule is subject to change due to program changes or unforeseen circumstance. Please contact Front Desk to verify. Thanks.
Weather Hotline: 678-507-9633**



- All members/guests must be checked in by the front desk staff.
- Children younger than 13 must be directly supervised by an adult (18+).
- No Dunking, slamming or hanging from the rims/nets.
- No rough play and/or abusive/profane language or gestures.
- No fighting.
- Clean, non-marking soled shoes must be worn.
- No bare feet, sandals, street clothes or wet clothes.
- No food, gum or drinks (other than water).
- Do not kick the balls while in the gym.
- No dribbling outside of the gym.
- Intentional destruction of YMCA property will not be tolerated.
- We are not responsible for lost or stolen property.
- Proper attire must be worn and be suitable for a family-oriented facility.
- Members are responsible for the behavior of your guests and must ensure they follow the posted guidelines.
- Good sportsmanship and demonstration of the FOUR CORE YMCA VALUES (Caring, Honesty, Respect & Responsibility) are expected for all activities.

Pick-up Basketball Rules

- Teams will be a max of 5 v. 5.
- When players are waiting, games will be played to 11 (by ones, and win by 2).
- All games will run cross court.
- There is a 2 game max. Winning team must rotate out when players are waiting
- All players must follow gym rules

All rules and regulations are subject to change at the discretion of the McCleskey-East Cobb YMCA. Failure to abide by rules will result in a suspension and/or termination of your membership. You may also be financially responsible for any property damage caused by your behavior.