

AQUATICS ~~~POOL LANE SCHEDULE ~FEBRUARY~~~2012

NUMBER OF LANES FOR EACH ACTIVITY~~~SUBJECT TO CHANGE FOR SPECIAL EVENTS~~~Water Aerobics will get 3 lanes @ 13 participants on T/TH
IF THERE IS 2 OR MORE SWIMMERS IN A LANE PLEASE CIRCLE SWIM. THANKS

	MONDAY *****NO	TUESDAY OPEN	WEDNESDAY SWIM	THURSDAY WHILE	FRIDAY OUTDOOR	SATURDAY POOL IS	SUNDAY OPEN *****
***** *****	*Number	designates	number of	lanes	available for	each activity.	Example -Lap-4 Lanes Open-1 Lanes
5:30-8:00AM	LAP-4 * OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1		
8:00-8:30	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	LAP-4 OPEN-1	
8:30-9:00	LAP-4 OPEN-1	LAP-3 LESSONS/ OPEN-2	LAP-4 OPEN-1	LAP-3 LESSONS/ OPEN-2	LAP-4 OPEN-1	LAP-3 LESSONS/OPEN-2	LAP-3 OPEN-2
9:00-9:15	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-3 OPEN/lesson-2	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-3 OPEN/lessons-2	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-3 LESSONS/OPEN-2	LAP-3 OPEN-2
9:15-10:00	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-3 OPEN/lesson-2	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-2 OPEN/ lesson-2	LAP-3 Aerobics (Deep) Lessons / Open (Shallow)-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS-2
10:00-10:30	LAP-3 OPEN / LESSONS-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS-2
10:30-11:15	LAP-3 LESSONS/OPEN-2	LAP-1 AEROBICS-3 Lessons/Open -1	LAP-3 LESSONS/OPEN-2	LAP-1 AEROBICS-3 Lessons/Open -1	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS-2
11:15-11:30	LAP-3 LESSONS-2	LAP-2 AEROBICS-3	LAP-3 LESSONS-2	LAP-2 AEROBICS-3	LAP-3 LESSONS-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS-2
11:30-12:00 PM	LAP-3 LESSONS-2	LAP-2 AEROBICS-3	LAP-3 LESSONS-2	LAP-2 AEROBICS-3	LAP-3 LESSONS-2	LAP-3 LESSONS/OPEN-2	LAP-3 LESSONS-2
12:00-3:45	LAP-3 Lessons-2	LAP-3 Lessons-2	LAP-3 Lessons-2	LAP-3 Lessons-2	LAP-3 LESSONS-2	LAP-3 LESSONS-2 <small>(1:30 to 2:30 (only) Lap-2 LESSONS-3)</small>	LAP-3 LESSONS-2
3:45-4:45	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-2 Lap Swim-2 Lessons-1	LAP-4 Lessons-1	LAP-3 LESSONS-2
4:45-5:30	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Lap Swim-3 Lesson-2	LAP-4 Lessons-1	LAP-4 Lessons-1
5:30-6:30	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-3 Lap Swim-1 Lessons-1	Swim Team-2 Lap Swim-2 Lessons-1	LAP-4 Lessons-1	
6:30-7:15	LAP-3 Lessons-2	LAP-3 Lessons-2	LAP-3 Lessons-2	LAP-3 Lessons-2	Swim Team-2 Lap Swim-2 Lessons-1	LAP-3 OPEN-2 CLOSE-5:45	LAP-3 OPEN-2 CLOSE-5:45
7:15-8:00	LAP-2 LESSONS-2 AEROBICS-1	LAP-3 LESSONS-2	LAP-2 LESSONS-2 AEROBICS-1	LAP-3 LESSONS-2	Swim Team-2 Lap Swim-2 Lessons-1		
8:00-9:45 PM	LAP-3 Lessons-1 OPEN-2	LAP-3 Lessons-1 OPEN-2	LAP-3 Lessons-1 OPEN-2	LAP-3 Lessons-1 OPEN-2			

Key: The number designates the number of lanes that are available in the pool for that activity.

For Example:

5:30—8:30 AM Lap has 4 lanes available and Open Swim has 1 lane available

INDOOR POOL HOURS

MONDAY—THURSDAY

5:30 A M to 9:45 PM

Friday

5:30 am to 8:45 PM

Saturday

8:00AM to 5:45 PM

Sunday

8:30 AM to 5:45 PM

ATTENTION

- Children under 8 years of age who cannot pass the swim test are not allowed in the pool or pool area without a parent. Parents must be in the water with non swimmers.
- Children 7 years and under who can pass the swim test must have a parent in the pool area.
- Children 7-12 years who cannot swim proficiently must be accompanied by a parent in the pool area.

UPCOMING EVENTS

Swim Meet

Championship Swim Meet at Marist

Saturday Feb. 18th

At 10 AM

SUPPORT YOUR TEAM!

Aquatic Hotline

404-681-6109

All children who have not reached their 4th birthday must wear pool pants or pool diapers covered with /vinyl or rubber pants or lined bathing suit. TWO layers of protection is needed!

Carl E. Sanders Family YMCA at Buckhead

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