



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FALL 2011 AQUATICS SCHEDULE

Day	Time	Class	Day	Time	Class
Monday	6:00-9:00 AM	Open Swim	Thursday	6:00-6:45 PM	Swim Lessons
	9:00-10:00	Kool Poolers		7:30-8:30	Adult Swim Lessons
	10:00-12:00 PM	Day Care Swim Lessons		7:30-8:30	Water Aerobics
	12:00-2:30	Open Swim		8:30-9:00	Open Swim
	2:30-4:00	ASCCAP	Friday	6:00-9:00 AM	Open Swim
	4:30-5:00	Open Swim		9:00-10:00	Kool Poolers
	5:00-5:45	Swim Lessons		10:00-12:00 PM	Day Care Makeup Day
	6:00-6:45	Swim Lessons		12:00-2:30	Open Swim
	7:00-8:00	Swim Team		2:30-4:00	ASCCAP Makeup Day
8:00-9:00	Open Swim	4:30-5:00		Open Swim	
Tuesday	6:00-9:00 AM	Open Swim		5:00-7:00	Swim Lesson Makeup
	9:00-10:00	Water Aerobics	7:00-8:00	Swim Team	
	10:00-12:00 PM	Day Care Swim Lessons	8:00-9:00	Open Swim	
	12:00-2:30	Open Swim	Saturday	9:30-10:00 AM	Parent-Tot Lessons
	2:30-4:00	ASCCAP		10:00-11:00	Pre-School/Youth Lessons
	4:30-5:00	Open Swim		11:00-12:00 PM	Pre-School/Youth Lessons
	5:00-5:45	Swim Lessons		12:00-1:00	Adult Swim Lessons
	6:00-6:45	Swim Lessons		12:00-1:00	Water Aerobics
	7:30-8:30	Adult Swim Lessons	1:00-5:30	Open Swim	
7:30-8:30	Water Aerobics	Sunday	2:30-3:00 PM	Parent-Tot Lessons	
8:30-9:00	Open Swim		3:00-4:00 PM	Pre-School/Youth Lessons	
Wednesday	6:00-9:00 AM		Open Swim	4:00-5:00	Adult Swim Lessons
	9:00-10:00	Kool Poolers	5:00-5:30	Open Swim	
	10:00-12:00 PM	Day Care Swim Lessons	Thursday	6:00-9:00 AM	Open Swim
	12:00-2:30	Open Swim		9:00-10:00	Water Aerobics
	2:30-4:00	ASCCAP		10:00-12:00 PM	Day Care Swim Lessons
	4:30-5:00	Open Swim		12:00-2:30	Open Swim
	5:00-5:45	Swim Lessons		2:30-4:00	ASCCAP
	6:00-6:45	Swim Lessons		4:30-5:00	Open Swim
	7:00-8:00	Swim Team		5:00-5:45	Swim Lessons
8:00-9:00	Open Swim				



**Attention Members:**

The facility will be closed August 18 and 19 for a full facility cleanup. We apologize for any inconvenience.

**Fall Swim Lesson Schedule**

We offer swim lessons weekdays on Mondays and Wednesdays or Tuesdays and Thursdays (8 classes in a one month session) or on weekends Saturday or Sunday (4 classes in a one month session).