



FAMILY AQUATICS CENTER

Summer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Proper Swim Attire MUST be worn in the Aquatics Area. Swim Trunks, Swim Suit, and Shower Shoes	<b>OPEN SWIM</b> 6:15am-8:30am <b>Water Aerobics</b> 8:30-9:15am 9:15-9:50am	<b>OPEN SWIM</b> 6:15am-8:30am <b>ARTHRITIS</b> 8:30-9:45am	<b>OPEN SWIM</b> 6:15am-8:30am <b>Water Aerobics</b> 8:30-9:15am 9:15-9:50am	<b>OPEN SWIM</b> 6:15am-8:30am <b>ARTHRITIS</b> 8:30-9:45am	<b>OPEN SWIM</b> 6:15am-8:30am <b>Water Aerobics</b> 8:30-9:15am 9:15-9:50am	<b>OPEN SWIM</b> 8:15am- 9:00am
<b>Open Swim</b> 12:15pm- 3:30pm	<b>Summer Splash</b> <b>10am—2pm</b>  <b>open swim</b> 1:00pm-5:00pm	<b>Summer Splash</b> <b>10am—2pm</b>  <b>open swim</b> 1:00pm-5:00pm	<b>Summer Splash</b> <b>10am—2pm</b>  <b>open swim</b> 1:00pm-5:00pm	<b>Summer Splash</b> <b>10am—2pm</b> <b>open swim</b> 1:00am-5:00pm <b>7:45pm-8:30pm</b>	<b>open swim</b> 1:00pm— 4:00pm Lap Pool Closed for cleaning	<b>Swim Lessons</b> <b>9:00am-10:15am</b>
<b>Swim Lessons</b> <b>12:30—2:00</b> <b>pm</b>	<b>Swim Lessons</b> <b>5:30—6:30 pm</b>	<b>Swim Lessons</b> 5:00pm-7:45pm  <b>open swim</b> 7:45pm-8:30pm	<b>Swim Lessons</b> <b>5:30—6:30 pm</b>	<b>Swim Lessons</b> 5:00pm-7:45pm  <b>open swim</b> 7:45pm-8:30pm	<b>*Open Swim</b> 5:00pm —7:30pm	<b>Water</b> <b>Aerobics</b> <b>11:30pm-1:00pm</b>
The Natato- rium Closes at 3:30 pm	<b>Open Swim</b> <b>7:45p—8:30p</b>  <b>Water</b> <b>Aerobics</b> <b>7:00p-7:45p</b>	<b>Stroke</b> <b>Clinic</b> <b>5:30pm-</b> <b>7:30pm</b>	<b>Open Swim</b> <b>7:45p—8:30p</b>  <b>Water</b> <b>Aerobics</b> <b>7:00p-7:45p</b>	<b>Stroke</b> <b>Clinic</b> <b>5:30pm-</b> <b>7:30pm</b>	Proper Swim Attire MUST be worn in the Aquatics Area. Swim Trunks, Swim Suit, and Shower Shoes	<b>Open Swim</b> 1:00pm- 3:30pm
	<b>Pool Closed</b> <b>8:30pm</b>	<b>Deep Water</b> <b>Aerobics</b> <b>7:45pm-</b> <b>8:30pm</b>  <b>CLOSE 8:30p</b>	<b>Pool Closed</b> <b>8:30pm</b>	<b>Deep Water</b> <b>Aerobics</b> <b>7:45pm-</b> <b>8:30pm</b>  <b>CLOSE 8:30p</b>	<b>*YMCA staff re-</b> <b>serve the right to</b> <b>alter Friday Open</b> <b>Swim Times to</b> <b>Accommodate</b> <b>Make-Up Swim</b> <b>Lessons.</b>	Proper Swim Attire MUST be worn in the Aquatics Area. Swim Trunks, Swim Suit, and Shower Shoes