



Effective through December 2011

Climbing Wall Hours

Age Requirement

Monday _____

4:00 pm – 8:00 pm Open Climb

Ages 5 – 7

May climb vertically only when accompanied by an adult present at the wall.

Tuesday _____

4:00 pm – 8:00 pm Open Climb

Ages 8 – 12

May climb with a parent present in the YMCA facility.

Thursday _____

4:00 pm – 8:00 pm Open Climb

Ages 13 – Adult

May climb anytime during open climb hours.

Saturday _____

10:00 am – 1:00 pm Open Climb

*Hours are subject to change.

New To Climbing?

The trained and helpful staff is there to assist you in putting on the safety equipment and to belay. Feel free to ask for climbing technique and tips.

Open Climb

Everyone is welcome during this special climb time. From the first timer to the veteran, the wall is open to all facility members.

Climbing Wall Info

Camp Climb

The climbing wall is reserved for campers only!

The Rules

- The climbing wall is to be used by facility members only.
- Those under 18 must have a signed parental waiver on file with the Northwest Family YMCA.
- Climbers must wear appropriate clothing including closed towed shoes that will stay on your feet.
- NO CROCS PLEASE.

Rockin' Y Birthday Parties

Ask about our climbing wall birthday parties.

The Equipment

- Only YMCA carabineers and belay devices may be used.
- Climbers will receive a harness to use at no charge.
- Instructors will inspect all personal gear and have the right to refuse use of personal gear if it appears unsafe.

Contact

The Staff

Michele Varela

Program Director

Direct Line: (770) 514-4362

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- YMCA climbing instructors are trained and certified in climbing/belaying safety and techniques.
- The staff is dedicated to helping you master climbing techniques and have fun.