

J.M. TULL-GWINNETT FAMILY YMCA

Local Families Benefit from Tull-Gwinnett YMCA 5K Race

Lawrenceville, GA. (08/6/2010) - Saturday, September 18, 2010 is the first J.M. Tull-Gwinnett Family YMCA 5K Race and one-mile Fun Run, held at The Avenue Webb Gin, 1350 Scenic Highway in Snellville. All race proceeds will benefit local kids and families through the Tull-Gwinnett Y's Partner With Youth annual campaign.

"This is a healthy, active way for the community to give back to local families," says Greg Stewart, Tull-Gwinnett Y executive director. "Whether you're racing, walking, or cheering someone on, we encourage everyone to come out and enjoy great music, kids activities and entertainment. This race is all about having fun and paying it forward."

The Partner With Youth annual campaign raises funds to ensure local children, teens and families have an equal opportunity to participate in Y programs, regardless of financial need.

The 5K race begins at 8 a.m. in front of Ted's Montana Grill with the one-mile Fun Run starting at 9 a.m. All participants will receive a race T-shirt, with awards going to the male and female with the best overall finishes and the top three finishers in each age group.

The 5K race is \$20 and the one-mile Fun Run is \$5. Advanced registration is available through September 16, 2010 at the Tull-Gwinnett Y at 2985 Sugarloaf Parkway, Fleet Feet at 145 Perry Street in Lawrenceville. Participants can also register online at www.active.com by searching 'Partner With Youth 5K'. Race day registration begins at 7 a.m. at The Avenue Webb Gin.

See FOX5 Atlanta's Randy Travis as the official race starter. Randy is an avid runner, completing seven marathons and currently training for the New York Marathon in November. Randy's wife and daughters enjoy running and exercising as well. One of Randy's daughters works as a lifeguard at the Y.

About the Y

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Across the U.S., Ys engage men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being and provide opportunities to give back and support neighbors. Anchored in local communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. tgy.ymcaatlanta.org or (770) 963-1313.

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